

17th March 2023

Dear Parent/Carer

HARROGATE DISTRICT WALK TO SCHOOL DAY

Our School has signed up to the “Walk to School Day” on Friday 24th March 2023.

49% of our district’s carbon emissions come from transport, which makes it the largest contributor to our district’s carbon footprint. It’s also 28% above the UK average! By choosing a more sustainable form of transport, you can do your bit to help protect our communities and our planet by tackling climate change. Even if you live too far from school to walk or cycle all the way, there are other options such as public transport, car sharing or ‘park and stride’ – this is where you park sooner than normal and walk the last part. All these options will help lower our carbon footprint. Every mile counts!

The physical and mental health benefits of exercise are well known, with studies also showing that walking to school improves concentration and helps students arrive ready to learn. Making the journey on foot, by bike or using public transport means fewer vehicles on the road, benefitting the wider community with less traffic and cleaner air.

Zero Carbon Harrogate will be awarding all schools that take part this year, with a gold award to those that do so most regularly – so let’s build great transport habits and choose a sustainable method of travel on the day and beyond!

We hope you will join us in walking to school on Friday

Every mile counts!

Please go to www.zerocarbonharrogate.org.uk/harrogate-district-walk-to-school-day for more information.

For guidance on road safety please go to

<https://www.sustrans.org.uk/our-blog/get-active/2019/everyday-walking-and-cycling/walking-safety-tips-for-children/>

Kind regards

Outwood Primary Academy Greystone