

Dear Families,

22nd November 2023

RIPON WALK TO SCHOOL DAY - FRIDAY 1ST DECEMBER

On Friday 1st December we will be taking part in Walk To School Day.

Get active whilst helping combat climate change! Can you leave the car at home for most, if not all, of the school run?

Did you know that in North Yorkshire more carbon emissions are created by transport than anything else, and that more than three quarters of this comes from cars and vans? By choosing a more sustainable form of transport, you can do your bit to help protect our communities and our planet by tackling climate change. Even if you live too far from school to walk or cycle all the way, there are other options such as public transport, car sharing or 'park and stride' – this is where you park sooner than normal and walk the last part. All these options will help lower our carbon footprint. We do what we can, when we can and every mile counts!

The physical and mental health benefits of exercise are well known, with studies also showing that walking to school improves concentration and helps students arrive ready to learn. Making the journey on foot, by bike or using public transport means fewer vehicles on the road, benefitting the wider community with less traffic and cleaner air.

Ripon Together and Zero Carbon Harrogate will be awarding all schools that take part this year, with a gold award to those that do so most regularly – so let's build great transport habits and choose a sustainable method of travel on the day and beyond!

We do what we can, when we can and every mile counts!

Please go to www.zerocarbonharrogate.org.uk/walk-to-school-day for more information.

For guidance on road safety please go to

<https://www.sustrans.org.uk/our-blog/get-active/2019/everyday-walking-and-cycling/walking-safety-tips-for-children/>

We look forward to seeing everyone participating.

Regards



Mrs E Abbott
Principal

